

**ARMY RESERVE
RECORD OF INDIVIDUAL PERFORMANCE OF RESERVE DUTY TRAINING**

For use of this form, see AR 140-185; the proponent agency is OCAR.

1. DATE

22 Jan 2015

2. FROM: (Reporting Agency) (Including ZIP Code)

Reserve Components Office
HQ, U.S. Army Japan, Unit 45005, APAJ-RC, APO, AP 96343-5005

3. RETIREMENT YEAR

ENDING DATE
28 Aug

4. TO: (Custodian of reservists' field 201 file.) (Include ZIP Code)

U.S. Army Human Resources Command
ATTN: Reserve Payment Support Branch
1 Reserve Way
St. Louis, MO 63132-5200

2. FROM & 4. TO

Please print exactly the same addresses here.

1. DATE

Submitted within 72hrs

5. LAST NAME - FIRST NAME - MIDDLE INITIAL
SMITH, John O.

6. GRADE
O-4

7. SOCIAL SECURITY NO.
123-45--XXXX

8. BRANCH
XXX

9. INDIVIDUAL'S ASSIGNED ORGANIZATION (If different from office of addressee)
Exercises, G-3, U.S. Army Japan, Unit 45005, APAJ-XX-X-X, APO, AP 96343-5005

10. THE ABOVE NAMED RESERVIST PERFORMED ☐ EQUIVALENT ☒ APPROPRIATE ☐ SUITABLE ☐ OTHER
(Check applicable box) DUTIES, TRAINING OR INSTRUCTION ON THE DATES AND FOR THE HOURS INDICATED AS AUTHORIZED BY
(Cite authorization): AR 140-185

a. DATE

HOURS

**RETIREMENT
POINTS**

NATURE OF DUTIES, TRAINING OR INSTRUCTION

DAY MONTH YEAR

b

c

d

20 Jan 15

4

P1

Operational Requirements for the Exercise Division

21 Jan 15

8

P2

Operational Requirements for the Exercise Division

Payment & Retirement Point Chart

	Hours	Payment	Points
P1	4hrs	Paid	1 Point
P2	8hrs	Paid	2 Points
N1	4hrs	Not Paid	1 Point
N2	8hrs	Not Paid	2 Points

IDT Paid Training & Retirement Points

Please submit separate forms when you perform both PAID and NON-PAID training.

Your Section Supervisor's Signature Here

Mary J. Wilson, O-6
Senior Exercises Officer, G-3, U.S. Army Japan

11. TYPED NAME, GRADE AND POSITION OF OFFICER HAVING KNOWLEDGE OF DUTIES PERFORMED

Reserve Components Advisor's Name, Grade, and Title Here

DA 1380 Sample (Paid Training):

In-active Duty Training Completion Certificate

Please have this form signed by your section supervisor and submit it to the Reserve Components Office.

☐ REPORTED TO SERVICING DATA PROCESSING UNIT.

DA Form 1380, FEB 75

PREVIOUS EDITIONS OF THIS FORM ARE OBSOLETE.

Reserve Components Office, HQ, USARJ

<http://www.usarj.army.mil/reserves/index.aspx>

